

Airedale Infant School and Airedale Junior School

20th September 2023

Dear Parents/Carers,

On Tuesday 10th October, we are inviting children to come to school wearing something yellow, in support of young people's mental health on 'World Mental Health Day'. Studies show that lockdown has had a detrimental effect on the well-being of many individuals, many of those young children. Healthy minds and healthy bodies are something we promote greatly within school amongst staff and children so feel this is a charity we really want to support. As a school we have an amazing pastoral team, who play an active role daily working with our young children and parents to whom we are very grateful.

Please can we ask for a small donation of 50p to wear yellow on the day. All proceeds will go to the Young Minds charity to help continue the amazing work they do for so many, especially in these difficult times.

If you would like any further information, please visit:

<https://www.youngminds.org.uk/support-us/fundraising/helloyellow/>

As always, we thank you for your kindness and generous support.

Yours sincerely

Mrs Dann

Mental Health and Wellbeing Lead